



## Karen E. Spangler

September 10, 1952 - January 25, 2026

In Loving Memory of Karen E. Vallandingham Spangler

Karen Vallandingham Spangler of Newport News, Virginia, passed away on January 25, 2026.

She was born at Camp Lejeune, NC, on September 10, 1952. She was 73 years old.

Karen loved music, art, and good food. She often spoke of her faith in God and how much she just wanted to be a good person. Karen had instant recall on many hits from the '60s and especially loved the Beatles.

Throughout her life, she battled mental illness. While her illness defined much of her daily struggle, she had the capacity to be kind and loving.

She is survived by two sisters, Debbie Rivoire of White Sulphur Springs, WV, and Lisa Vallandingham of Williamsburg, VA. She is also survived by two brothers, Tim Vallandingham of White Sulphur Springs, WV, and Dan Vallandingham (Charlene) of Richmond, VA. She was preceded in death by her parents, Charles and Jeanie Vallandingham, and her oldest brother, Ed Vallandingham.

The family would especially like to thank the staff at Transcend Mental Health Home for Adults in Newport News, VA, who have faithfully and lovingly cared

for Karen since 2012.

A graveside service is being planned for the spring in her home state of West Virginia. In lieu of flowers, the family requests that donations be made to NAMI- National Alliance on Mental Illness.

# Previous Events

## Graveside Celebrations of Life for Karen Spangler

MAR 12. 1:00 PM - 2:00 PM (ET)

Riverview Cemetery  
617 Teaberry Road  
Ronceverte, WV 24970

## Celebration Lunch

MAR 12. 2:00 PM - 3:00 PM (ET)

Carlitos Mexican Restaurant  
47 Seneca Trail  
Lewisburg, WV 24901

# Tribute Wall

LD

“ Love, Susan D purchased the Peace, Prayers, & Blessings- Lavender and White for the family of Karen E. Spangler.



Love, Susan D - January 29 at 08:30 PM

LV

“ I love my sister with all my heart. I have so many cherished memories of her. Her sense of humor was one of my favorites keeping me laughing during our times spent together. Having Karen in my life is and was a beautiful gift.

Lisa Vallandingham - January 29 at 04:55 PM

RJ

“ I had the privilege to know Karen for many years. I often referred to her as our Feisty Princess. She loved singing and listening to her Beatles songs and always had to put on her makeup especially her lipstick like her Movie Star idol Marilyn Monroe. Karen will be greatly missed. Heaven gained a very special Angel. My deepest sympathy to all her Family and Friends.

Robynn Joyner - January 29 at 12:19 PM

DJ

It was a privilege and an honor to assist Karen at her home. My fondest memory is watching her apply her makeup, or observing her reaction when listening to The Beatles or watching a Marilyn Monroe video. I believe she is a beautiful angel. To the family and friends, please accept my deepest sympathies.

Darlene Jones - February 02 at 10:33 AM